

Kory Flowers is a 25-year veteran Captain with the Greensboro Police Department.

Captain Flowers trains law enforcement officers nationwide on various subversive criminal groups, leadership, tactical communication, and has written articles and conducted interviews and podcasts for publications including Police Magazine, the Los Angeles Times, the Southern Poverty Law Center, and National Public Radio. He is a frequent guest on the Street Cop Podcast, and guest television host on On Patrol Live. He is the co-founder of Run Well, a training and mentoring program for young men.